

Anesthesia Instructions

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Anesthesia is a safe modality given that pre-operative instructions are followed. Your child needs to be fasted for the procedure. If there is food in the stomach even in small amounts this may lead to serious complications. Please follow the fasting guidelines to the letter. If your child develops a cold on the days leading up to the appointment please contact the office so the doctor can assess whether it is better to postpone the appointment.



Before Appointment

The child's stomach needs to be empty for their appointment.

No food after midnight, the night before the appointment. (This includes candy or gum).

✓ Clear fluids (Water, 7up, Apple Juice) up to 3 hour prior to appointment are permitted.

✗ Orange Juice, Milk, drinks with pulp are **NOT** permitted.

Peri-operative Instructions

At Appointment

Numbing cream is placed on your child's hand.

The numbing cream reduces the pinch from the intravenous (IV) catheter placement.

If the IV cannot be placed on the first attempt, your child will be put to sleep breathing in a mask.

Once the child falls asleep the parent will be asked to leave the operating room.

After Appointment

Once the dentist is done fixing your child's teeth. The child typically needs about 1 hour to recover enough from an anesthetic to safely go home.

A responsible adult needs to be able to take them home and stay with the child for the remainder of the day.

The child can eat and drink as soon as they get home.

Please have the child rest for the remainder of the day. The next day they may return to their normal activities.

Please contact the clinic with any questions or concerns.